



Raumati Swimming Club Inc.

Kapiti to Mainland Swim

Saturday 17 March 2012

Race Day Timeline: The swim commences from Kapiti Island at 11.30am to fit with the low tide at 12.23pm. Approximate times for the day of the swim are as follows and will be confirmed on acceptance of entry:

8.30am	Swimmer registration begins
9.30am	Final registration time at Kapiti Boating Club
8.45 - 10.00am	Medical checks
10.00am	Race brief for all swimmers and boat skippers
10.40am	Boats begin leaving for the Island
11.30am	Race start
2.30 - 3.00pm	Prize giving - will be held 30 minutes after the last swimmer finishes

In the event of unsuitable conditions, the swim will be rescheduled for Saturday 31 March 2012

Support Boats: Each swimmer will have a support powerboat. Boats are provided by the Kapiti Boating Club.

Swimmers can provide their own boat but must be from outside the membership of the Kapiti Boating Club – refer to Rule 10.

Limited field: The swim is limited to 20 swimmers plus those who supply their own boats. Priority of entry to those who are members of clubs affiliated to Swimming New Zealand and Masters Swimming Clubs. Refer to RULE 18.

Entry Fee: The entry fee is \$90.00 per swimmer. This fee is reduced to \$60.00 if the swimmer supplies their own boat (refer to Rule 10 re own boat).

All fees are to accompany entry form.

Entries: Entries close Thursday 1 March 2012

Entries must be on the official entry form and completed entry forms are to be sent to:

Race Organiser
Kapiti-Mainland Swim
12 Santa Teresa Court
Paraparaumu Beach 5032
paul@lifeuwant.co.nz

Event Rules: Please ensure you have read and understood all of the rules on the following pages before completing your entry.

Contact: If you have any questions please contact Paul Matson, Race Organiser on 04 2989426 or 027 4715744 or email paul@lifeuwant.co.nz

RAUMATI SWIMMING CLUB

RULES FOR: KAPITI-MAINLAND SWIM

1. THIS event is to be a scratch event open to members of clubs affiliated to the SNZ and Masters Swimming Clubs.

If non-affiliated swimmers wish to participate they do so under the clear understanding that they will not be eligible to participate in the "official" race and therefore not be eligible for prizes, trophies or records. NOTE RULE 18.

2. COMPETITORS must be over the age of 16 on the day of the swim. Swimmers under the age of 16 will be considered by the committee on receipt of parental approval and endorsement from the swimmer's club that they are able to handle open water conditions and their fitness will enable them to complete the course. Swimming Wellington of the SNZ will be responsible for the approval of under age swimmers taking part.
3. COMPETITOR'S swimwear must be in accordance with FINA rules. Wetsuits are not permitted. Note RULE 18.
4. ALL entries must be on the official form and be endorsed by the competitor's club that they are capable of swimming the distance (5.6km). Entry fee MUST accompany the entry form, this form to be completed in every detail. Entry fees will be refunded to competitors who scratch from the event 7 days before the event or on the production of a medical certificate.
5. ALL competitors must undertake a medical examination on the day of the swim by the Club doctor and provide full disclosure of any pre-existing medical conditions. All swimmers take part at their own risk.
6. COMPETITORS must wear a suitable cap for identification by the race referee. Caps will be available to competitors prior to the race commencement.
7. THE referee, starter and timekeeper must be SNZ qualified.
8. THE race will be conducted from a standing start on a beach at Kapiti Island, over a course to be determined by individual swimmers to the finish line adjacent to the Kapiti Boating Club Rooms. Swimmers must swim to the entrance of the flags and make the run up the beach to the finish line. Under extreme weather conditions the Race Organiser may amend this decision on the day.
9. ALL swimmers must be accompanied by a powerboat. No boat may accompany more than one (1) swimmer. In the event of danger to either the swimmer or the boat, the decision made by the boat skipper, will be obeyed by the swimmer and/or coach without question. The boats will be under the jurisdiction of the race referee and the Commodore of the Kapiti Boating Club for the duration of the race.
10. COMPETITORS may provide their own boats, but these must be from outside the membership of the Kapiti Boating Club. Entry forms must advise whether a boat is required or, if providing own boat, details of own boat must be forwarded with entry form. All boats must be:
 - powered by motor
 - be at least 5m in length
 - equipped with working marine UHF radio
 - all necessary safety equipment including life jackets for all on board

11. ENTRIES must be limited to a maximum of 20 swimmers. In the event of entries exceeding the maximum of 20 or the number of boats available, the organising committee of the Raumati Swimming Club will determine the swimmers who take part.
12. NO swimmer may be accompanied by another, non-competing swimmer, at any stage of the race. Once a swimmer leaves the water or makes contact with a boat, he/she shall be deemed to be out of the race. Subject to these provisions, sustenance will be allowed to competitors at their own discretion.
13. THE organizer/clerk of the course/referee is empowered to alter starting times, cancel or postpone the event. It is also empowered to abandon the event after the official start for safety reasons. If cancelled, entry fees (excluding the cost of providing boat escort) will be refunded.
14. THE organising committee also reserves the rights to refuse entry to any person.
15. MATTERS not specifically dealt with above shall be decided in accordance with the SNZ rules, FINA rules and Raumati Swimming Club rules.
16. A "Veteran" is classed as being over 35 years of age.
17. MAXIMUM swim time will be one & a half hours after the first swimmer to finish. Swimmers who have not completed the course in this time will be removed from the water and transported to the beach by boat or at the referee's discretion.
18. THERE will be a division for non-affiliated NZSF swimmers and those wanting to wear a wetsuit. These swimmers will not be eligible for prizes, trophies or records in the affiliated swimmers division. Entrants in these divisions must provide proof of their capability to complete the swim and must meet the same medical criteria as those in the official swim. As the swim has a maximum of 20 swimmers (or number of boats available) preference will be given to SNZ affiliated swimmers, Masters and then in order of receipt of entry. Eligibility of swimmers in these divisions will be entirely by the Race Organisers and their decision will be final. ORDER of acceptance for Ray White Kapiti Island-Mainland swim:
 1. Registered - Swim Clubs
 2. Masters Swim Clubs
 3. Non Registered Swimmers
 4. Wetsuit swimmers

Non registered swimmers may pay the Swimming New Zealand (SNZ) registration fee with their swim entry fee for temporary registration to gain the above registration preference.

THE RACE IS TO BE UNDERTAKEN SOLELY AT THE COMPETITOR'S OWN RISK.

THE RAUMATI SWIMMING CLUB, THEIR SPONSORS AND THE KAPITI BOATING CLUB WILL NOT BE RESPONSIBLE FOR ANY CLAIM.

Raumati Swimming Club Inc., is GST registered GST:55-204-241