

# Kapiti to Mainland Swim

## Saturday 14 March 2020

**Race Day Timeline:** The swim commences from Kapiti Island at 10.30am to fit with the low tide at 1.30pm. Approximate times for the day of the swim are as follows and will be confirmed on acceptance of entry:

07.00am	Swimmer registration begins
08.00am	Final registration time at Kapiti Boating Club
08.00am	Race brief for all swimmers and boat skippers
08.30am	Boats begin leaving for the Island
09.30am	Race start
Approx. 12.00pm	Prize giving - will be held approximately 30 minutes after the last swimmer finishes

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**Support Boats:** Each swimmer will have a support powerboat. Boats are provided by the Kapiti Boating Club.

Swimmers can provide their own boat but must be from outside the membership of the Kapiti Boating Club – refer to Rule 10.

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**Limited field:** The swim is limited to a maximum of 20 swimmers plus those who supply their own boats. Priority of entry to those who are members of clubs affiliated to Swimming New Zealand and Masters Swimming Clubs. Refer to RULE 1.

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**Entry Fee:** The entry fee is \$120.00 per swimmer (\$75 if supplying own suitable boat – see rule 10 for details regarding own boat).

All fees are to accompany entry or paid by electronic payment to the Club's bank account as included on the entry form.

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**Entries:** **Entries close Monday 2 March 2020**

Entries must be on the official entry form and completed entry forms are to be scanned and emailed to [paul@lifeuwant.co.nz](mailto:paul@lifeuwant.co.nz)

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**Event Rules:** Please ensure you have read and understood all of the rules on the following pages before completing your entry.

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**Contact:** If you have any questions, please contact:

Paul Matson

Race Organiser

[paul@lifeuwant.co.nz](mailto:paul@lifeuwant.co.nz)

027 4715744

## **RAUMATI SWIMMING CLUB**

### **RULES FOR: KAPITI-MAINLAND SWIM**

1. THIS event is to be a scratch event with entry priority to members of clubs affiliated to the SNZ and Masters Swimming Clubs. Entries must be limited to a maximum of 20 swimmers. In the event of entries exceeding the maximum of 20 or the number of boats available, the organising committee of the Raumati Swimming Club will determine the swimmers who take part. ORDER of priority will be:
  1. Registered - Swim Clubs
  2. Masters Swim Clubs
  3. Non Registered Swimmers

Non registered swimmers may pay the Swimming New Zealand (SNZ) registration fee with their swim entry fee for temporary registration to gain the above registration preference.

2. ALL entries MUST be on the official form completed in every detail including an accepted and signed waiver and paid the required entry fee.
3. COMPETITORS must be over the age of 16 on the day of the swim. Swimmers under the age of 16 will be considered on receipt of parental approval and endorsement from their coach or other suitably qualified person that they are able to handle open water conditions and their fitness will enable them to complete the course.
4. ENTRY fees will be refunded to competitors who scratch from the event 7 days before the event or on the production of a medical certificate.
5. COMPETITOR'S swimwear must be in accordance with FINA rules. Recent changes to the rule do allow the use of certain wetsuits in lower water temperatures. The rule is as follows:

For open water swimming competitions in water with temperature below 20C, men and women may use either swimsuits or wetsuits. When the water temperature is below 18C, the use of wetsuits is compulsory. Where the water temperature is from 20C wetsuits cannot be worn and a FINA approved swimsuit can only be worn.

For the purpose of these rules, wetsuits are swimsuits made of material providing thermal insulation. Wetsuits for both men and women shall completely cover torso, back, shoulders and knees. They shall not extend beyond the neck, wrists and ankles. These requirements exclude the use of sleeveless wetsuits.

6. COMPETITORS must wear a suitable cap for identification by the race referee.
7. COMPETITORS must register within the designated registration time and attend the race briefing.
8. COMPETITORS must be accompanied by a powerboat. No boat may accompany more than one (1) swimmer. In the event of danger to either the swimmer or the boat, the decision made by the boat skipper, will be obeyed by the swimmer and/or coach without question. The boats will be under the jurisdiction of the race referee and the Commodore of the Kapiti Boating Club for the duration of the race.
9. COMPETITORS must have a coach or other support person who will be on the boat during the swim. More than one support person for any swimmer will be at the discretion of the boat skipper.

10. COMPETITORS may provide their own boats, but these must be from outside the membership of the Kapiti Boating Club. Entry forms must advise whether a boat is required or, if providing own boat, details of own boat must be forwarded with entry form. All boats must be:
  - powered by motor
  - be at least 5m in length
  - equipped with working marine UHF radio
  - all necessary safety equipment including life jackets for all on board
11. NO swimmer may be accompanied in the water by another, non-competing swimmer, at any stage of the race. Once a swimmer leaves the water or makes contact with a boat, he/she shall be deemed to be out of the race. Subject to these provisions, sustenance will be allowed to competitors at their own discretion.
12. THE race will be conducted from a standing start on a beach at Kapiti Island, over a course to be determined by individual swimmers to the finish line adjacent to the Kapiti Boating Club Rooms. Swimmers must swim to the entrance of the flags and make the run up the beach to the finish line. Under extreme weather conditions the Race Organiser may amend this decision on the day.
13. MAXIMUM swim time will be 60 minutes after the first swimmer to finish. Swimmers who have not completed the course in this time will be removed from the water and transported to the beach by boat or at the referee's discretion.
14. A "Veteran" is classed as being over 35 years of age.
15. THE organiser/clerk of the course/referee is empowered to alter starting times, cancel or postpone the event. It is also empowered to abandon the event after the official start for safety reasons. If cancelled, entry fees (excluding the cost of providing boat escort) will be refunded.
16. THE organiser reserves the rights to refuse entry to any person. The organizer or race referee also has/holds the right to remove or prevent someone from starting or completing the event at their discretion, and any decision made is ULTIMATE AND FINAL.
17. MATTERS not specifically dealt with above shall be decided in accordance with the SNZ rules, FINA rules and Raumati Swimming Club rules.